

Central Valley Christian High School

Department of Athletics

Ryan Tos
Athletic Director
734-8160

Gary Adams
Principal
734-9481 ext. 137

www.cvc.org

Fall Sports	Winter Sports	Spring Sports
Cheerleading Cross Country Football Girls Golf Girls Tennis Volleyball	Basketball Cheerleading Soccer	Baseball Boys Golf Softball Swimming Track and Field Boys Tennis

What Is Expected Of You As An Athlete

- Being an outstanding representative of the Kingdom of Jesus Christ
- Commitment to the sport
- Positive attitude
- Good citizenship both on and off campus
- Good grades
- Hard work and long hours in practice

League Assignments for 2007-2011

Central Sequoia League
 Central Valley Christian
 Coalinga
 Dinuba
 Exeter
 Immanuel
 Kingsburg
 Selma

Philosophy

The athletic program of Central Valley Christian High School will be a dynamic and integral part of the whole educational experience. At all times, the athletic program will be conducted in a way that is complimentary and supportive of the academic program. In addition, it will provide meaningful learning opportunities not otherwise offered in the school classroom curriculum. It will assist in developing habits, attitudes, and ideals necessary for the ethical competition and cooperation in our society. The balance between cooperation and competition are fostered by a well-conducted athletic program under competent leadership. Furthermore, the athletic program will provide our students with lifelong lessons for personal growth such as sportsmanship, teamwork, ethical behavior, perseverance, commitment, loyalty, self-discipline, pride, responsibility, and leadership skills.

Sportsmanship will be the top priority of interscholastic athletics. Commitment to fair play, integrity, and a genuine empathy for others must be taught and practiced if we are to make a difference. Athletics should assist in the development of fellowship and goodwill, and encourage the qualities of good citizenship. Athletics play an important role in developing a healthy self-image as well as a healthy body. Athletics also contribute to school/community spirit and pride.

Interscholastic athletics is a voluntary program. Thus, participation is a **privilege** and **not a right**. Along with that privilege comes the responsibility to conform to standards established for the high school athletic teams. This privilege may be revoked when the athlete fails or refuses to comply with the rules. In order to provide the greatest benefit to participants, Central Valley Christian High School will provide adult role models who exemplify the kind of behavior and leadership to be developed from the program.

The ultimate goal of high school athletics should be to foster the value of participation without over-emphasizing the importance of winning and to improve positive citizenship traits among the program's participants. The program will constantly strive to develop well-rounded individuals capable of being positive members of society and outstanding representatives of Jesus Christ.

Sportsmanship

As the people out front, coaches and students have a unique opportunity to impact the future of athletics. **It is absolutely vital for all of us involved with CVC Athletics to make sportsmanship a personal goal.** No contest's outcome is worth an ugly incident due to some spur-of-the-moment action. I realize that in spite of all our efforts, an incident may occur. But, if we have not practiced sportsmanship, we must shoulder the blame of the action. We can create an environment that is conducive to a higher goal than a win-at-all-costs environment. If we are successful in this, we will have attained a more lasting mark than any championship could possibly bring.

General Travel Rules and Expectations

Conduct and behavior

As athletes, you are representing your team, school, community, parents, and most importantly - *yourself*.

Appearance

You must be proud of your appearance. You are expected to dress neatly and be well groomed.

Language

Profanity will not be tolerated.

Transportation

Release to Parents/Guardians

Athletes must travel to and from all athletic events by means of school transportation. Parents who wish to pick their student up from an event must sign the student out with the coach.

Students are only allowed to leave with their parents or custodial guardians.

Under extenuating circumstances, it is possible for an athlete to use other means of transportation providing the parent/guardian makes arrangements with the Athletic Director **prior to** the activity. (i.e. written request stating specifics and signed by parent/guardian.)

Under no circumstances is a student released to another student driving a vehicle.

Meals

In some instances, the team may choose to stop for either a pre-game or post-game meal. Please be prepared by either having the appropriate meal money or bringing your own snacks/meal. Athletes are expected to stay together as a group.

Proper Behavior on the Bus

... is established for the safety and well being of others. Please give transportation personnel undivided attention at all times, especially when addressing safety issues upon departure.

Basic CIF Eligibility Rules

How To Protect Your Athletic Eligibility:

Your high school years will be highlighted by your participation in interscholastic athletics. These will prove to be some of the most enjoyable years of your young life. The CIF Central Section has standards that you must meet in order to be eligible to compete at the high school level. You are urged to study these carefully.

Residential Eligibility:

A student has residential eligibility upon initial enrollment in:

1. The ninth grade of any CIF high school or;
2. Tenth grade of any CIF high school from ninth grade of a junior high school or;
3. Any CIF school as a member of an approved foreign exchange program as outlined by By-law 212.

***Note:* Any student “recruited” or “encouraged to attend” a school by anyone connected directly or indirectly with that school will lose athletic eligibility at that school.**

Changing Schools----Transfers

A student may have transfer eligibility provided the student is compelled to move from any school to a CIF school due to a bona fide change of residence from one school attendance area to the attendance area of the new school by the parent(s), legal guardian(s) or care giver with whom the student was living when the student established residential eligibility at the prior school or;

Changing Schools----Hardships

If you change schools and your parent(s), legal guardian(s), or care giver do not move to the attendance area of your new school, you could have restricted eligibility for one year unless you qualify for a hardship. **[A hardship is defined as a unforeseeable, unavoidable or uncorrectable act, condition, or event, which causes the imposition of a severe and non-athletic burden upon the student or his/her family.]** The three considerations for hardship are: **financial, medical and family** circumstances.

Note: Always check with your school principal and athletic director before you change schools to determine whether it will affect your eligibility.

Age Limitations

No student whose nineteenth birthday is attained prior to June 15 (prior to his/her senior year), shall participate or practice on any team. A student whose 19th birthday is on June 14, or before is ineligible.

Scholastic Eligibility

A student is scholastically eligible if:

1. The student is currently enrolled in at least 20 semester units of work which is the equivalent of 4 classes.
2. The student is maintaining minimum progress toward meeting the high school graduation requirements as prescribed by the governing board.
 - a. A student must have 55 credits after grade 9, 120 credits after grade 10, 175 credits after grade 11
3. The student passed (at least a "C" grade) at least 20 semester units of work at the completion of the previous regular grading period.
4. The student has maintained during the previous grading period a minimum of a 2.0 grade point average on a 4.0 scale, in all enrolled courses. (see policy on Academic Probation below)

Academic Probation – This policy is specific to CVCHS

1. All incoming 9th graders will automatically be placed on probation for the first grading period. At the end of the first grading period if they have a GPA below 2.0 or 2 F's they will be ineligible for the next grading period.
2. If a student's GPA drop below a 2.0 or they have 2 F's during any other quarter (excluding the first quarter for incoming 9th graders) they will be placed on academic probation for one grading period. Once a student has been on probation if their GPA remains below a 2.0 or they have 2 F's they will become automatically ineligible at the end of the grading period. Students will be allowed only one quarter of probation in their four years of high school.

Semesters Of Attendance

A student who first enters the ninth grade of any school following the student's completion of the eighth grade in any school may be eligible for athletic competition during a maximum period of time that is not to exceed eight consecutive semesters following the initial enrollment in the ninth grade of any school and said eligibility must

be used during the student's first eight consecutive semesters of enrollment at that school or any other school.

Competing Under A Name Other Than Your Own or Falsifying Your Address

Any student whose address or name has been falsified in order to achieve residential eligibility will be ineligible in all interscholastic athletic competition for a period of one year from the date the infraction is verified.

Undue Influence----Recruitment of Athletes

The use of undue influence by any person or persons to secure or retain a student or to secure or retain one or both parents, guardians or care giver of a student as residents may cause the student to be ineligible for high school athletics for a period of one year and shall jeopardize the standing of the high school in the California Interscholastic Federation.

Competition On An Outside Team

A student on a high school team becomes ineligible if the student competes in a contest on an "outside" team in the same sport, during the student's high school season of sport. For example: a student-athlete cannot participate in club volleyball tournaments during CVC's volleyball season but can compete once the school's season has ended.

Student Participation-----Conduct Penalty

Student participation in athletic contests is a **privilege**. As a student athlete, you are expected to conduct yourself in an exemplary manner at all times. During participation in all CIF competition, a student who is ejected or disqualified from participating in the remainder of said contest will be ineligible for the team's next contest. An appeal process is possible but should only be utilized in extreme or special circumstances. ***[In addition, any student who physically assaults a game or event official shall be banned from interscholastic athletics for the remainder of the student's interscholastic eligibility.]***

CIF General Rules

High school athletics shall be governed by the CIF Constitution and By-Laws (Blue Book), Central Section Constitution and By-Laws, East Sierra League Constitution and By-Laws and the Central Valley Christian High School Athletic Code of Conduct. Athletes shall be directly responsible to the head coach and his/her assistants. It is assumed that participation in a sport is a **privilege**. The following are general responsibilities of the athlete.

Applicability

1. Prior to participation, a student/athlete must complete the proper athletic clearance procedures which include:
 - Pre-Participation Athletic Clearance Form
(The following are included on these forms)
 - ✓ Physical Exam/Student health Questionnaire
 - ✓ Emergency Medical Information Card
 - ✓ Parent Consent
 - ✓ Risk Warning
 - ✓ Performance Enhancing Substance Policy
 - ✓ Athletic Handbook Acknowledgment Form
(The following are included in the handbook)
 - CVCHS Athletic Code of Conduct
 - CIF-CVCHS Code of Conduct for Interscholastic Student-Athletes
 - CIF Ethics in Sports statement
 - Paid all Fines
2. Athletes shall follow all team rules set forth by the coach and the CVCHS Athletic Code of Conduct

Academic Eligibility Standards

In calculating Grade Point Average (GPA), CIF regulations state that an Incomplete must be factored as a "0" on a 4 point scale. GPA will be determined by dividing the total number of grade points by total number of courses.

1. **Incoming Freshman**
All entering freshman student/athletes from any junior high must have a 2.0 GPA on their last 8th grade report card. All students entering Central Valley

Christian High School will be placed on Academic Probation until the end of the first grading period.

2. **Returning Upper Classmen**

All student/athletes must have a 2.0 GPA. Athletes who fall below the 2.0 GPA at any grade reporting period (every quarter) will be put on Academic Probation until the next grading period ends. If the athlete's grades do not improve he or she becomes ineligible to participate in any interscholastic contest, but will be allowed to practice with the coach's approval. If the athlete's grades are above a 2.0 at the end of the next grading period he or she will regain eligibility.***A student may only go on academic probation once during high school.

3. **Incomplete Appeals**

Incomplete appeals that are pending completion enable the student/athlete to practice, but not play.

4. **Tryouts**

Student athletes may participate in tryouts even if their overall GPA is below a 2.0. Once final cuts are made and rosters are posted, all student athletes must have the 2.0 GPA. Coaches may generate a “reserve list” pending minimum academic eligibility standards for those picked for the final roster.

CVC GENERAL RULES

Appearance

As a member of our team, we want to be proud of your appearance. Athletes are expected to dress neatly and keep well groomed. The coach may determine a dress code for the day of a contest.

Athletic Physicals and Insurance

Each year all athletes must have a physical examination. A card signed by the physician and the athlete's parents/guardians must be on record with the athletic director. An athlete will not be allowed to participate without clearance from his or her doctor. This includes practices as well as games. Failure to adhere to this policy could result in contests being forfeited or athletes being suspended.

Students participating in interscholastic athletics must be covered by insurance. They are not covered by any school insurance policy. Most families have adequate coverage, however, if you do not, insurance can be purchased through the school. **Please note that a special policy is necessary to cover football. It is the responsibility of the parents or guardians to see that their child is adequately covered by insurance. OR Parents must sign a waiver stating that they do not have insurance and will not hold the school responsible for any injuries, etc. sustained during athletic competition or practice.**

Attendance Policy for Practice and Games

The attendance policy requires that every student joining a school team attends all practice sessions and games and remains on the team once he or she has joined. The coach and the athletic director will enforce this policy.

Students will have two weeks to join a team once practice for that sport has begun. After a two week period students will not be allowed to join, unless there is a shortage of players for a particular sport. Athletes are expected to join a team once practice for that sport begins.

Exceptions to the attendance policy are as follows:

1. Sickness
2. Family Emergency
3. Medical Appointments - Although doctor's appointments are an acceptable excused absence, it is strongly recommended that parents do not make appointments conflicting with scheduled games or practices.
4. Overlapping sports seasons - for example if football season continues an athlete is excused from soccer practice until football season ends.

Always notify the coach at the earliest possible time if you will be absent from a practice or from a game. If the coach cannot be reached, inform the athletic director. ***Simply telling a friend is inadequate.***

Students must attend at least five periods of the school day to be eligible to practice or play that day. Exceptions to this are doctor's appointments, family emergencies, and special

situations approved by the principal or athletic director. Failure to follow this policy could result in your team forfeiting a contest or a suspension for the athlete.

Coaches Obligation

Coaches may set standards of behavior and expectations for their sport which, **if violated**, may result in the participant being **suspended or dismissed** from the team for the remainder of the season. Each coach shall furnish the participant with a copy of their team rules and expectations at the beginning of the season. Additional team rules must be approved in advance by the Athletic Director.

Conduct and Behavior

As athletes of a Christian school, you are representing your parents, school, community, yourself, and the Kingdom of God. Proper conduct is expected at all times.

Dedication

An athlete must be willing to dedicate himself/herself to sports. The athlete should be aware that nothing worthwhile is accomplished without hard work and a sincere desire to succeed. The athlete must also realize that he/she must work out of season as well as during the season. He/she must also be willing to sacrifice his or her own desires for the good of the team.

Language

Anyone associated with athletics shall use language which is acceptable in the classroom of a Christian school. Profanity, vulgar talk, or taking the Lord's name in vain will not be tolerated on or off the playing field at any time.

Lettering Policy

Students will be awarded a letter once they have achieved varsity status in any given sport. A pin, indicating the nature of the sport will also be given at that time. Only one letter will be awarded even if a student participates in several sports. However, pins will be given for each sport.

In sports where there is only one level of competition, students must participate for at least two years in order to earn a letter. Should a student perform exceptionally during the first year, a letter may be awarded at the discretion of the coach and athletic director.

Team Managers, Statisticians, and Video personnel may earn a letter after two years of exemplary service.

Medical Advice and Parents

A coach cannot play a player if the athletic trainer states that it is unsafe. A parent cannot override a coach's decision whether it is a medical issue or otherwise. The athlete is under the care and supervision of the coach, the athletic department, and ultimately the school while involved in an athletic activity.

If a disagreement continues between parents and the trainer or an athlete and the trainer the athlete could get a second opinion and a signed release from a fully licensed medical doctor

(MD) in order to not hold the school liable for any injuries that could occur as a result of the previous injury.

Quitting a Sport

Any athlete who quits a team after two weeks of practice or is removed from a sport **will not** be eligible to participate in another sport until the completion of the season of the sport that the athlete quit.

Residential Eligibility

Any student who is planning to move, or has recently moved, or whose parent or guardians have moved, should refer to page 4 and 5 and notify the Athletic Director immediately for information regarding his/her eligibility status.

Respect

Athletes will show respect for all coaches, teachers, officials, spectators, school facilities, equipment and opponents at all times.

Responsibility for Equipment

Athletes shall assume responsibility for all athletic equipment issued to them and will be expected to pay for any lost, misplaced, stolen or abused equipment.

Central Valley Christian High School

Athletic Code of Conduct

In order to develop themselves as students and citizens, and so that they can fulfill their duties in the most appropriate fashion, students must discipline themselves both mentally and emotionally. This is especially true of CVCHS students involved in athletic programs, for competition is more than contests between individuals representing different schools. It is, also, a means to learning a way of life which exemplifies the concepts of honesty, fair play, hard work and dedication to standards of the highest caliber relative to personal and team conduct. Moreover, it must be remembered that representing one's school in an athletic activity is a privilege, and not a right.

1. The student/athlete is a representative of his/her family and his/her school. But more importantly is a representative of his or her Lord and Savior, Jesus Christ. Therefore:

- A. In the classroom, a student involved in an athletic program:
 - 1. Meets the academic and citizenship standards of the school.
 - 2. Shows respect for teachers and fellow students.
 - 3. Maintains a good attendance record.
 - 4. Makes arrangements for all assignments missed due to a contest.
- B. On the campus, a student involved in an athletic program:
 - 1. Helps to promote school spirit.
 - 2. Sets a good example for others to follow.
 - 3. Works for the improvement of the school.
 - 4. Is respectful of personal and school property.
- C. At a contest, a student involved in an extracurricular program:
 - 1. Respects the rules and the decisions of the officials.
 - 2. Is modest in victory and gracious in defeat.
 - 3. Controls one's temper at all times.
 - 4. Knows that profanity and illegal tactics are signs of poor sportsmanship.
 - 5. Shows respect for visiting teams and their equipment.
- D. On trips, a student involved in an extracurricular program:
 - 1. Conducts oneself in such a manner that he/she is a good representative of the community, the school, and student body.
 - 2. Helps take care of school equipment.
 - 3. Respects the regulations as well as the property of the host school.

2. Eligibility

- A. A student must meet CIF, League, and CVCHS eligibility requirements.
- B. A student/athlete must pass a physical examination given by a physician.
- C. A student/athlete must purchase CIF insurance or show evidence of coverage to replace CIF insurance that affords the required coverage.
- D. A student/athlete may not compete on an outside (of school) team in the same sport during the season. (Soccer players should check with their coach or Athletic Director for exceptions allowed).
- E. In order to be eligible for competitive participation in interscholastic athletics against another school, students in grades nine through twelve shall have earned

a minimum of a 2.0 grade point average.

An “A” is worth four (4) grade points, a “B” is worth three (3) grade points, a “C” is worth two (2) grade points and an “I” will receive zero “0” grade points.

The grade point average will be determined by dividing the total number of grade points by the total number of courses.

In order to be eligible for extra curricular activities a student must maintain a 2.0 grade point average. Any student not maintaining a 2.0 GPA will be placed on academic probation. The student has until the end of the next grading period to achieve said educational progress. If academic progress is not achieved during the probationary period, the student will not be allowed to participate in interscholastic athletics or extra curricular groups during the subsequent grading period. It is at the discretion of the coach if the student may still practice with the team, but the student may not participate in any games or contests.

Grades earned in summer school or equivalent courses may be utilized to determine eligibility for the first quarter of the subsequent school year.

- F. Days of eligibility for determining length of suspension from athletic activities are defined as school days excluding vacation, weekends, and legal holidays.
- G. A student’s suspension will not begin until they are active in a season of sport. Just because it is the “off-season” doesn’t mean that they won’t face discipline.
- H. A student who is an underclassman and faces disciplinary consequences could see their suspension carry over to the next year and their next season.
- I. A student will lose eligibility for the remainder of the school year following his or her third fault in the school's discipline system.
- J. A student suspended from school for violations of the CVCHS Student Handbook will consequently be suspended from athletics by using the following ratio: 1 school day = 1 week of competition or practice. For example:
 - 1 day suspension from school = 1 week suspension from athletics
 - 3 day suspension from school = 3 week suspension from athletics

This policy includes in-school suspensions and off-campus suspensions.

3. Violations – Discipline

A. Class I Infractions – Academic Eligibility:

Failure to maintain academic standards, as stated in Section 2E, will result in the student being declared ineligible for competition until the publication of grades at the close of the next grading period.

B. Class II Infractions – Behavioral:

A Class II Behavioral Infraction occurs when the student/athlete, while at school during a school activity or while going to or from school, commits any of the following acts which are prohibited by the California State Education Code or Central Valley Christian High School

1. Causes or attempts to cause physical injury to another person.
2. Commits an obscene act or engages in profanity/vulgarity.
3. Disrupts school activities or otherwise defies the valid authority of school personnel.
4. Commits theft or receives stolen property.
5. Possession of tobacco, including chewing tobacco.
6. Possession of drug paraphernalia.
7. Violation of league sportsmanship standards. The following behavior is unacceptable at all CIF high school contests:
 - A. Berating your opponent's school or mascot
 - B. Berating opposing players.
 - C. Obscene cheers or gestures.
 - D. Negative signs.
 - E. Noise makers
 - F. Complaining about officials' calls (verbal or gestures).

Class II – Disciplinary Actions

1. **First Offense**: The student/athlete may be suspended from competition/participation for 5 to 30 school days; the athlete may participate in practice at the discretion of the coach and principal.
2. **Second Offense**: The student/athlete will be suspended from competition/participation for 10 to 60 school days. Prior to reinstatement, the student must conference with the coach and school principal regarding eligibility. Participation in practice shall be at the discretion of the coach and principal.
3. The principal may, at his/her discretion, reduce the disciplinary action specified for **Class II infractions** below the maximum level when the student, during the course of an investigation into his/her violation of this policy, displays cooperation, honesty, and a positive attitude, as viewed by the Principal.

C. Class III Infractions – Substance Abuse (Drugs/Alcohol):

A Class III Infraction occurs when commission of either of the following violation of Education Code Section 48900 (c) and (d) **at any time during the school year, at**

school or in the community, when observed by school officials, reported by a parent or guardian, or otherwise proven by investigation.

1. Possesses a dangerous object/weapon.
2. Commits or attempts to commit robbery/extortion.
3. Possession or use of alcohol
4. Possession or use of controlled substances (drugs) including steroids, other than those which are medically prescribed.

Class III Disciplinary Actions:

1. **First Offense:** The student will be suspended from competition for 45 school days, or for 30 school days plus completion of drug/alcohol assessment with ongoing involvement in the activities recommended by the assessment. Recommendation of the assessor will be shared with the principal in order that he/she may monitor adherence to the program. The student may participate in practice at the discretion of the coach and Principal.
2. **Second and Subsequent Offenses:** The student/athlete will be suspended from competition/participation for 75 school days, or 45 school days plus completion of a drug and alcohol assessment, with ongoing involvement in activities recommended by the assessment.

The recommendations of the assessor will be shared with the principal in order that he/she may monitor adherence to the program. The student may participate in practice at the discretion of the coach and principal.

3. **Self-Disclosure:** Leniency may be given to students who voluntarily disclose substance abuse dependency to school personnel/parents and who involve themselves in an assessment and treatment program. The recommendations of the assessor will be shared with the principal in order that he/she may monitor adherence to the program.
4. **Other Considerations**
 - A. **Attendance**
 1. A student/athlete **must** attend school for at least **five periods** to be eligible to practice.
 2. A student/athlete **must** be in attendance for at least **five periods** to be eligible to participate.
 3. A student/athlete must be in attendance the last regular school day prior to a contest scheduled on a weekend or holiday to be eligible to participate.
 4. Non-attendance due to school events, funerals, dental/medical appointments, religious activities and serious family obligations are possible exceptions, subject to interpretation by the Principal or Athletic Director.

B. Failure to Participate

If a student/athlete fails to participate without justifiable cause, is released from a team because of disciplinary issues, or drops out of a sport after the team's **first two weeks of practice**, the student /athlete **will not** be allowed to participate in any other sport until the season of the dropped sport is completed.

C. Transportation

Students/athletes must travel to and from athletic events by means of school transportation when provided. Parents who wish to pick their student up from an event must sign the student out with the coach/activity advisor. Students will not be released to other individuals unless prior arrangements have been approved by the Principal or Athletic Director.

D. Equipment

School equipment checked out to a student/athlete becomes the responsibility of that person. The student/athlete is expected to maintain the equipment in a clean condition and utilize it only for the sport issued. Damage to equipment as a result of unauthorized use, or loss of such equipment, will become the financial obligation of the student/athlete. When players lose uniforms or equipment, they may not take part in any other sport until said uniform and/or equipment is found and returned or paid in full. Students may not wear school owned activity equipment and uniforms except at practices, activities, and games representing Central Valley Christian High School.

E. Extracurricular Standing

Students/athletes who are not members of the team at the close of the season will forfeit team awards and all league honors. (Season is defined as that period of time which includes all scheduled games, post-season contests and awards banquets.)

F. Travel/Uniform During Suspension

Students suspended from competition may be required to travel with the team only if they do not miss classes to do so, and the coach requires such travel. During home games, students suspended from competition may, at the discretion of the coach, be required to sit with the team, but not in uniform.

G. Duration

This eligibility policy shall remain in force for the academic year in which a student/athlete is involved in interscholastic competition. Should insufficient school days remain in a given academic year to

satisfy the disciplinary aspects of this policy, the remaining days required will be carried over into the next season of sport, as defined by the CIF.

H. Jurisdiction

This eligibility policy shall govern the actions of students/athletes, both on and off campus, and traveling to and from school and school activities, during the academic year.

I. Verification of Infractions

The Principal will conduct a reasonable investigation of alleged violations by the student/athlete and make appropriate determinations relative to continued eligibility in terms of this policy.

J. Practice

Missing scheduled practices, performances, or games without approved medical reasons, or having made prior arrangements with the person in charge is prohibited. **Students having three (3) unexcused absences from practice may be suspended from the activity.**

K. Administrative Obligation

When, in the opinion of the Principal, a student/athlete's conduct, both in or outside school, is deemed to be a detriment to the school, poses a danger to students, or is a threat to disrupting the educational process, the Principal may, at his/her discretion, suspend/remove the student from participation in any extracurricular program.

L. Appeals

The school Principal is charged with the interpretation and enforcement of this policy. Should a student, a parent, or guardian wish to appeal decisions of the principal, they enjoy the right to bring this matter to the attention of the Superintendent for resolution. Should the matter remain unresolved to the satisfaction of all concerned, appeal may be made to the School Board.

CIF - Central Valley Christian High School Code of Conduct for Interscholastic Student-Athletes

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"). This Code applies to all student-athletes involved in interscholastic sports in California. I understand that, in order to participate in high school athletics, I must act in accord with the following:

TRUSTWORTHINESS

1. *Trustworthiness* – be worthy of trust in all I do.

Integrity – live up to high ideals of ethics and sportsmanship and always pursue victory with honor; do what's right even when it's unpopular or personally costly.

Honesty – live and compete honorably; don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.

Reliability – fulfill commitments; do what I say I will do; be on time to practices and games.

Loyalty – be loyal to my school and team; put the team above personal glory.

RESPECT

2. *Respect* – treat all people with respect all the time and require the same of other student-athletes.

3. *Class* – live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.

4. *Disrespectful Conduct* – don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

5. *Respect Officials* – treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

6. *Importance of Education* – be a student first and commit to getting the best education I can. Be honest with myself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.

7. *Role-Modeling* – Remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coach and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. **Suspension or termination of the participation privilege is within the sole discretion of the school administration.**

8. *Self-Control* – exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

9. *Healthy Lifestyle* – safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.

10. *Integrity of the Game* – protect the integrity of the game; don't gamble. Play the game according to the rules.

FAIRNESS

11. *Be Fair* – live up to high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

12. *Concern for Others* – demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to myself or others.

13. *Teammates* – help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

CITIZENSHIP

14. *Play by the Rules* – maintain a thorough knowledge of and abide by all applicable game and competition rules.

15. *Spirit of rules* – honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

Directions to Central Sequoia League Schools

Coalinga High School "Horned Toads" (559) 935-7520

750 Van Ness Street, Coalinga, 93210

Take 198 West (you will pass I-5) and head into Coalinga. Turn right on Van Ness Street. Approximate travel time: 1 hour, ten minutes

Dinuba High School "Emperors" (559) 595-7220

340 East Kern Street, Dinuba, 93618

Head north on Plaza Drive (Road 80). Turn right onto Tulare Street, right onto "M" Street, and left onto Kern Street. Approximate travel time: 20-25 minutes

Exeter High School "Monarchs" (559) 592-2127

505 Rocky Hill Drive, Exeter, 93221

Take 198 East. Turn right on "65" towards Exeter. Once you reach town the school is on your left. Approximate travel time: 15 minutes

Immanuel High School "Eagles" (559) 638-2529

1128 South Reed, Reedley, 93654

Head North on Plaza Drive (Road 80). Turn left on to West El Monte Way in Dinuba. Turn right onto Road 52. Road 52 turns into Reed. The school is on the right.

** Please note that football and soccer are played at Reedley High School and softball is played at Immanuel Elementary School. Approximate travel time: 30-35 minutes

Kingsburg High School "Vikings" (559) 897-5156

1900 18th Ave., Kingsburg, 93631

Take 198 West to 99 North. Head north until the Mendocino Ave./18th Ave. Exit. Turn right. The school is on the corner of 18th Ave. and Sierra Street.

Approximate travel time: 20-25 minutes

Selma High School "Bears" (559) 898-6550

3125 Wright Street, Selma, 93662

Take 198 West to 99 North. Head north until the Floral Ave. exit – turn right. Turn left onto Wright Street.

Approximate travel time: 25-30 minutes